



# PGA

Pacific Northwest Section

## Return to Play Guidelines for Members Who Tested Positive for Covid-19

### I. **For players that test positive and have Covid-19 symptoms (symptoms outlined below):**

#### **Symptom-based strategy (required):**

RTP > 10 days from symptom onset,  $\geq$  24 hours fever-free without fever-reducing meds, and symptom(s) improved

*\*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation*

#### **And (not required but recommended):**

Return to work/play note from primary care physician

#### **Covid-19 Symptoms:**

- Fever 100 degrees or greater
- Chills
- New cough
- Shortness of breath or difficulty breathing
- New loss of sense of taste or smell
- Sore throat
- Acute generalized muscle pain
- Acute fatigue
- Sudden onset of discomfort or illness
- Gastrointestinal upset, including nausea or diarrhea
- New or unusual headache
- New or unusual/unexpected congestion/runny nose.

### II. **For players that test positive and do not have Covid-19 symptoms:**

#### **Required:**

RTP > 14 days from positive test

#### **And (not required but recommended):**

Return to work/play note from primary care physician



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### III. **Future Modification(s) of this Policy**

It is the responsibility of the CEO to insure, at all times, that this policy is always consistent with CDC Guidance and fully considers prevailing laws and policies for those authorities whose jurisdiction(s) impact our five chapters. The CEO, then, has the obligation and the authority to ensure this compliance on behalf of the Pacific Northwest Section of the PGA.